

RUGBY CROSS COUNTRY RESULTS

Hatton/Northwood/Larimore "Thunder" Invitational, Thursday, August 30, 4:00 p.m.
Site - Northwood Golf Course - Northwood, ND

Varsity Girls (5000 Meters) 99 runners

Quinn Nepl - 11th place - 21:21	Amber Schmaltz - 60th place - 25:23
Karsyn Hager - 19th place - 22:01	Anna Clements - 74th place - 27:02
Mykell Heidlebaugh - 20th place - 22:18	Kristina Brossart - 81st place - 27:43
Kendyl Hager - 30th place - 23:15	Lauren Casavant - 82nd place - 27:50
Ellie Duchscherer - 31st place - 23:26	Emily Salwey - 83rd place - 27:58
Keely Arnston - 49th place - 24:43	Braelynn Oppen - 93rd place - 31:03

Team Results: 1. Minot - 44, 2. West Fargo - 49, **3. Rugby - 111**, 4. West Fargo Sheyenne - 133, 5. Thompson - 226, 6. Grafton - 251, 7. Surrey - 259, 8. New Rockford-Sheyenne - 285, 9. Hatton/Northwood/Larimore - 286, 10. Harvey/Wells County - 343, 11. Langdon/Edmore/Munich - 360, 12. Griggs County Central - 392, 13. Carrington - 414, 14. Pembina County North - 449, 15. Northern Cass - 451, 16. Lisbon - 461

Individual Winner: Lana Krack - Thompson - 20:13

Varsity Boys (5000 Meters) 140 runners

Riley Zachmeier - 8th place - 17:59	Robert Dibble - 49th place - 19:58
Kadin Nepl - 17th place - 18:34	Malachi Dosch - 79th place - 21:09
Dawson Schepp - 32nd place - 19:15	Trenton Sanford - 131st place - 26:34

Team Results: 1. West Fargo Sheyenne- 42, 2. Minot - 60, 3. West Fargo - 90, **4. Rugby - 185**, 5. Thompson - 223, 6. Griggs County Central - 250, 7. Grafton - 252, 8. Langdon/Edmore/Munich - 255, 9. Pembina County North - 270, 10. Lisbon - 283, 11. Four Winds/Minnewaukan - 329, 12. Carrington - 470, 13. Surrey - 499, 14. Harvey/Wells County - 590, 15. Hatton/Northwood/Larimore - 598, Northern Cass - 705

Individual Winner: Jacob Knodle - West Fargo Sheyenne - 17:19

Junior High Girls (3000 Meters) 52 runners

Ella Jacobson - 15th place - 14:47	Haley Mayer - 40th place - 17:14
Mikaylee Livedalen - 17th place - 14:55	Sophie Oppen - 41st place - 17:15
Annie Risovi - 20th place - 15:07	Trista Hamilton - DNF
Megan Schmaltz - 23rd place - 15:15	

Team Results: 1. West Fargo Sheyenne - 87, 2. Lisbon - 100, 3. West Fargo - 102, 4. Minot - 111, **5. Rugby - 115**, 6. Carrington - 134, 7. Grafton - 206, 8. Hillsboro/Central Valley - 224, 9. New Rockford-Sheyenne - 227, 10. Langdon/Edmore/Munich - 227, 11. Griggs County Central - 229, 12. Surrey - 229, 13. Pembina County North - 230, 14. Hatton/Northwood/Larimore - 234, 15. Thompson - 242, 16. Four Winds/Minnewaukan - 244, 17. Northern Cass - 251

Individual Winner: Baylee Lura - Carrington - 12:32